

Chapter: What Makes Me 'Me'

Introduction:

Hello, curious minds! Today, we'll dive into the exciting world of "What Makes Me 'Me'." Buckle up for a journey of self-discovery and explore the unique qualities that make each of us special.

Part 1: Discovering Myself

- **My Name:** Let's begin with something personal – your name! Your name is like a special badge that belongs only to you. Learn about the stories behind your name and share them with your friends.
- **My Family:** Families are like a team of superheroes, each with its own powers and quirks. Explore your family tree and discover how your family makes you unique. Draw a family portrait and share it with pride!



Part 2: My Amazing Abilities

- **Super Skills:** Everyone has super skills that make them awesome. Whether you're a great artist, a fantastic storyteller, or a speedy runner, embrace your super skills. Share them with your classmates and celebrate each other's talents.
- **Feelings Explorer:** We all have a treasure chest of feelings inside us. Explore different emotions – happiness, excitement, or even a little bit of silliness! Draw emojis to express your feelings and create a "Feelings Chart" to share with friends.

Fun Activities to Explore 'What Makes Me 'Me':

- **Me Collage:** Collect pictures, drawings, or words that represent you. Create a "Me Collage" by arranging them on a poster. It's a visual masterpiece that tells

your unique story.

- **My Superhero Cape:** Design your own superhero cape! Decorate it with symbols or drawings that represent your amazing abilities. Wear it proudly and share your superhero persona with your classmates.
- **Feelings Puppet Show:** Create puppets that represent different emotions. Put on a puppet show to express how you feel in different situations. It's a playful way to understand and share emotions.
- **Family Storytime:** Ask your family about special stories or traditions. Share these stories during a "Family Storytime" session with your classmates. It's a fantastic way to celebrate your family's unique tales.

Get ready to embark on a journey of self-discovery, Grade-1 adventurers! 🚀🌈✨