

Chapter: Five Senses

Introduction:

Today, we're diving into the fascinating world of our "Five Senses." Our senses help us understand and experience the world around us. Let's embark on this exciting journey of discovery!

Part 1: Understanding Our Senses

We have five senses, and each one helps us in a unique way.

Sight (Eyes): Our eyes help us see the beautiful colors, shapes, and people around us. We can read books, watch movies, and enjoy the view!

Hearing (Ears): Our ears let us hear all sorts of sounds – music, birds chirping, and our friends talking. Close your eyes and listen to the world around you!

Touch (Skin): Our skin helps us feel things – soft blankets, bumpy surfaces, and the warmth of the sun. Give yourself a gentle touch and feel your skin!

Eyes

Mouth

Ears

Nose

Skin



Part 2: More Senses at Play

Taste (Tongue): Our tongues help us taste delicious foods – sweet, sour, salty, and bitter. Let's explore different tastes with our favorite snacks!

Smell (Nose): Our noses let us smell things – flowers, fresh rain, and yummy meals. Take a deep breath and enjoy the scents around you!

Fun Activities to Explore Our Senses:

Sight: Draw a colorful picture or go on a nature walk to see different shapes and colors.

Hearing: Play a listening game. Close your eyes and guess the sounds around you.

Touch: Create a texture collage using materials with different feels – smooth, rough, and soft.

Taste: Have a small tasting party with various foods. Explore sweet, salty, sour, and bitter tastes.

- **Smell:** Collect different scents like flowers or fruits and guess each one blindfolded.

Our senses make the world an exciting place! Enjoy exploring, Grade-1 friends! 🌈💡



